

## Counterbalanced Lift Truck F2 Driver

### 1. Overview

The purpose of this skills programme is to prepare participants to competently and safely operate a Counterbalanced Lift Truck F2.

Participants will gain an understanding of:

- The high-risk environment of lift truck operations
- The physics of momentum, load stability, and safe movement
- Safe practices in varying workplace environments
- Effective communication in a noisy industrial setting
- How to raise, lower, move, store, or retrieve loads up to a rated capacity of 7,000 kg

Upon successful completion, participants will be certificated to operate a Counterbalanced Lift Truck F2 and may progress to related lifting-equipment occupational pathways.

### 2. Programme Outcome:

- Conduct Counterbalanced Lift Truck F2 pre-start and start-up checks in accordance with the National Code of Practice
- Perform lifting, moving, picking up, lowering, and positioning of loads using a Counterbalanced Lift Truck F2 in compliance with NCoP requirements
- Refuel/energise, park, secure, and shut down the Counterbalanced Lift Truck F2 according to standard operating procedures and safety guidelines

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| <b>Qualification:</b>       | Certificate of Completion                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Duration:</b>            | 4-Months                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Programme Type:</b>      | Category B – Workplace-Based Learning Programme                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Programme ID:</b>        | PA0481                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Skills Programme ID:</b> | SP – 220304                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>NQF Level:</b>           | 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Credits:</b>             | 20                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Entry Requirements:</b>  | NQF Level 2 qualification                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Training Options:</b>    | <b>Online</b> - Each participant will receive access to an online portal, where all programme materials and resources are available. Training is delivered fully online, and participants will join scheduled Microsoft Teams sessions facilitated by a trainer. This mode provides flexibility and allows learners to participate from any location.<br><b>Blended</b> - Blended learning combines both online and face-to-face training. Participants receive access to an online portal for online content, resources, and self-paced activities. They also attend scheduled in-person contact sessions with a facilitator, either at the client's premises or providers campus. This approach offers the flexibility of online learning with the added support of guided, interactive sessions. |

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**A choice of leveraged programmes for any person,  
At any level, in any department, of any company, in any industry.**

**Face-to-Face** - Each participant will receive training resources, which contains all programme materials and resources. Training is delivered through onsite contact sessions, either at the client's premises or providers campus, where a facilitator conducts the sessions in a classroom environment.

**Minimum Participants Required:** (1) Online, (1) Blended & (1) Face-to-face

### 3. Programme Content

- **(220304 SP):** Counterbalanced Lift Truck F2

### 4. Modules

#### Knowledge Component

| Code                | Topic                                      | Credits        |
|---------------------|--------------------------------------------|----------------|
| 900079-000-00-KM-01 | Health, Safety, Risk and Legislation       | 2              |
| 900079-000-00-KM-02 | Environment, Energy, Efficiency and Ethics | 1              |
| 900079-000-00-KM-03 | Tools, Equipment and Maintenance           | 2              |
| 900079-000-00-KM-04 | Principles of Lift Truck Operations        | 2              |
| 900079-000-00-KM-05 | Principles of load recognition and storage | 1              |
| 900079-000-00-KM-06 | Principles of Communication                | 1              |
|                     |                                            | <b>Total 9</b> |

#### Application Component

| Code                | Topic                                                                                          | Credits         |
|---------------------|------------------------------------------------------------------------------------------------|-----------------|
| 900079-000-00-PM-01 | Inspect work area and personal protective equipment for safe operations                        | 2               |
| 900082-000-00-PM-01 | Conduct pre-start, operational checks and basic maintenance on a Counterbalanced Lift Truck F4 | 1               |
| 900082-000-00-PM-02 | Operate a Counterbalanced Lift Truck F4 by lifting, moving and positioning loads               | 6               |
| 900082-000-00-PM-03 | Refuel/energise a Counterbalanced Lift Truck F4 in the designated refuelling/energising area   | 1               |
| 900082-000-00-PM-04 | Park, secure and shut down a Counterbalanced Lift Truck F4 in the designated secure area       | 1               |
|                     |                                                                                                | <b>Total 11</b> |

**We trust that the above is in order and look forward to hearing from you for Implementation**

## **5. Workplace-Based Learning Programme**

This WLP is a fusion of academic learning and practical work. The learning is directly applied to the workplace by using client-based mentors and extensive workplace-based portfolio work and assignments. Apart from the obvious benefits of a workplace directed qualification, each WLP qualifies for recognition as a Category B Skills Programme in the Learning Matrix of the Amended BEE codes, which allows for the salaries of participants to be recognized as part of the Skills Development Expenditure.

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