

Counterbalanced Lift Truck F3 Driver

1. Overview

The purpose of this skills programme is to prepare participants to operate a Counterbalanced Lift Truck F3 safely and effectively in accordance with the Driven Machinery Regulations and the National Code of Practice (NCoP).

Participants will:

- Understand high-risk operational environments
- Develop an understanding of the physics relating to load handling and momentum
- Apply safe operating procedures for heavy-duty lift trucks exceeding 15 000 kg rated capacity
- Strengthen communication skills for noisy and industrial settings

A qualified participants will be able to:

- Conduct pre-start and start-up checks
- Safely lift, move, and position heavy loads
- Refuel/energise, park, secure, and shut down the lift truck safely

2. Programme Outcome:

- Conduct pre-start and start-up checks of a Counterbalanced Lift Truck F4 in accordance with the NCoP
- Conduct picking up, lifting, moving, positioning, and lowering operations with a Counterbalanced Lift Truck F4 according to required safety standards
- Conduct refuelling/energising, parking, securing, and shutdown procedures for a Counterbalanced Lift Truck F4 safely and efficiently

Qualification:

Certificate of Completion

Duration:

4-Months

Programme Type:

Category B – Workplace-Based Learning Programme

Programme ID:

PA0378

Skills Programme ID:

SP – 220306

NQF Level:

3

Credits:

20

Entry Requirements:

NQF Level 2 qualification

Training Options:

Online - Each participant will receive access to an online portal, where all programme materials and resources are available. Training is delivered fully online, and participants will join scheduled Microsoft Teams sessions facilitated by a trainer. This mode provides flexibility and allows learners to participate from any location.

Blended - Blended learning combines both online and face-to-face training. Participants receive access to an online portal for online content, resources, and self-paced activities. They also attend scheduled in-person contact sessions with a facilitator, either at the client's premises or providers campus. This approach offers the flexibility of online learning with the added support of guided, interactive sessions.

Face-to-Face - Each participant will receive training resources, which contains all programme materials and resources. Training is delivered through onsite contact sessions, either at the client's premises or providers campus, where a facilitator conducts the sessions in a classroom environment.

Minimum Participants Required: (1) Online, (1) Blended & (1) Face-to-face

3. Programme Content

- **(220306 SP):** Counterbalanced Lift Truck F4 Driver

4. Modules

Knowledge Component

Code	Topic	Credits
900079-000-00-KM-01	Health, Safety, Risk and Legislation	2
900079-000-00-KM-02	Environment, Energy, Efficiency and Ethics	1
900079-000-00-KM-03	Tools, Equipment and Maintenance	2
900079-000-00-KM-04	Principles of Lift Truck Operations	2
900079-000-00-KM-05	Principles of load recognition and storage	1
900079-000-00-KM-06	Principles of Communication	1
		Total 9

Application Component

Code	Topic	Credits
900079-000-00-PM-01	Inspect work area and personal protective equipment for safe operations	2
900082-000-00-PM-01	Conduct pre-start, operational checks and basic maintenance on a Counterbalanced Lift Truck	1
900082-000-00-PM-02	Operate a Counterbalanced Lift Truck F4 by lifting, moving and positioning loads	6
900082-000-00-PM-03	Refuel/energise a Counterbalanced Lift Truck F4 in the designated refuelling/energising area	1
900082-000-00-PM-04	Park, secure and shut down a Counterbalanced Lift Truck F4 in the designated secure area	1
		Total 11

We trust that the above is in order and look forward to hearing from you for Implementation

5. Workplace-Based Learning Programme

This WLP is a fusion of academic learning and practical work. The learning is directly applied to the workplace by using client-based mentors and extensive workplace-based portfolio work and assignments. Apart from the obvious benefits of a workplace directed qualification, each WLP qualifies for recognition as a Category B Skills Programme in the Learning Matrix of the Amended BEE codes, which allows for the salaries of participants to be recognized as part of the Skills Development Expenditure.

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