

Counterbalanced Lift Truck F4 Driver

1. Overview

The purpose of this Skills Programme is to prepare participants to operate as Counterbalanced Lift Truck F4 Drivers.

Participants will gain an understanding of:

- The high-risk environment in which lift trucks operate
- The physics of momentum, load handling, and stability
- How to work safely in different operational environments
- Communication within a noisy industrial setting
- How to operate a Counterbalanced Lift Truck F4 designed to raise, lower, move, and store loads above a rated capacity of 15,000 kg

2. Programme Outcome:

- Pre-Start & Start-Up Checks
- Operating & Load Handling
- Shutdown & Refuelling/Energising

Qualification:

Certificate of Completion

Duration:

4-Months

Programme Type:

Category B – Workplace-Based Learning Programme

Programme ID:

PA0563

Skills Programme ID:

SP – 220306

NQF Level:

3

Credits:

20

Entry Requirements:

NQF Level 2 qualification

Training Options:

Online - Each participant will receive access to an online portal, where all programme materials and resources are available. Training is delivered fully online, and participants will join scheduled Microsoft Teams sessions facilitated by a trainer. This mode provides flexibility and allows learners to participate from any location.

Blended - Blended learning combines both online and face-to-face training. Participants receive access to an online portal for online content, resources, and self-paced activities. They also attend scheduled in-person contact sessions with a facilitator, either at the client's premises or providers campus. This approach offers the flexibility of online learning with the added support of guided, interactive sessions.

Face-to-Face - Each participant will receive training resources, which contains all programme materials and resources. Training is delivered through onsite contact sessions, either at the client's premises or providers campus, where a facilitator conducts the sessions in a classroom environment.

Minimum Participants Required: (1) Online, (1) Onsite

3. Programme Content

- **(220306 SP):** Counterbalanced Lift Truck F4 Driver

4. Modules

Knowledge Component

Code	Topic	Credits
900079-000-00-KM-01	Health, Safety, Risk and Legislation	2
900079-000-00-KM-02	Environment, Energy, Efficiency and Ethics	1
900079-000-00-KM-03	Tools, Equipment and Maintenance	2
900079-000-00-KM-04	Principles of Lift Truck Operations	2
900079-000-00-KM-05	Principles of load recognition and storage	1
900079-000-00-KM-06	Principles of Communication	1
		Total 9

Application Component

Code	Topic	Credits
900079-000-00-PM-01	Inspect work area and personal protective equipment for safe operations	2
900082-000-00-PM-01	Conduct pre-start, operational checks and basic maintenance on a Counterbalanced Lift Truck F4	1
900082-000-00-PM-02	Operate a Counterbalanced Lift Truck F4 by lifting, moving and positioning loads	6
900082-000-00-PM-03	Refuel/energise a Counterbalanced Lift Truck F4 in the designated refuelling/energising area	1
900082-000-00-PM-04	Park, secure and shut down a Counterbalanced Lift Truck F4 in the designated secure area	1
		Total 11

We trust that the above is in order and look forward to hearing from you for Implementation

5. Workplace-Based Learning Programme

This WLP is a fusion of academic learning and practical work. The learning is directly applied to the workplace by using client-based mentors and extensive workplace-based portfolio work and assignments. Apart from the obvious benefits of a workplace directed qualification, each WLP qualifies for recognition as a Category B Skills Programme in the Learning Matrix of the Amended BEE codes, which allows for the salaries of participants to be recognized as part of the Skills Development Expenditure.

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